



The Sabbath

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"Remember the Sabbath day by keeping it holy." Six days you shall labor and do all your work, 10 but the seventh day is a sabbath to the Lord your God. On it you shall not do any work, neither you, nor your son or daughter, nor your male or female servant, nor your animals, nor any foreigner residing in your towns. 11 For in six days the Lord made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the Lord blessed the Sabbath day and made it holy."

-Exodus 20:8-11 (NIV)

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The Sabbath

Purposes:

- -Rest
- -Worship and Contemplate God

The Sabbath "Do not think that I have come to abolish the Law or the Prophets; I have not come to abolish them but to fulfill them." -Matthew 5:17	
The Sabbath "Do not think that I have come to abolish the Law or the Prophets; I have not come to abolish them but to fulfill them." - Matthew 5:17 "Christ is the culmination of the law so that there may be righteousness for everyone who believes." - Romans 10:4	
The Christian Sabbath-rest "There remains, then, a Sabbath-rest for the people of God; for anyone who enters God's rest also rests from their works, just as God did from his." - Hebrews 4:9-10 (NIV)	

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Greek word = Sabbatismos	
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- Hebrews 4:9-10	
"Therefore do not let anyone judge you by what you eat or drink, or with	
reaard to a reliaious festival. a New Moon celebration or a Sabbath	
day. ¹⁷ These are a shadow of the things that were to come; the reality, however, is found in Christ."	
– Colossians 2:16-17	
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The Lord's Day	
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The Lord's Day

"On the first day of the week we came together to break bread."
-Acts 20:7

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"Now about the collection for the Lord's people: Do what I told the Galatian churches to do. ² On the first day of every week, each one of you should set aside a sum of money in keeping with your income..."

-1 Corinthians 16:1-2

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"On the Lord's Day I was in the Spirit, and I heard" - Revelations 1:10	
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The Lord's Day	
"On the Lord's Day I was in the Spirit, and I heard"	
- Revelations 1:10	
"let every friend of Christ keep the Lord's Day as a festival, the resurrection-day,	
the queen and chief of all the days of the week." – Ignatius 107 AD	
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"let every friend of Christ keep the Lord's Day as a festival, the resurrection-day, the queen and chief of all the days of the week." — Ignatius 107 AD	
"And on the day called Sunday, all who live in cities or in the country gather together to one place, and the memoirs of the apostles or the writings of the	
prophets are read, as long as time permits" – Justin Martyr 150 AD	
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Sunday Worship 19	
Sunday Worship "no day is made holy by rest alone, but rather by the individual seeking to be holy through washing himself in God's word." - Martin Luther	
Sunday Worship "Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship." -Romans 12:1	

Sunday Worship	
Too legalistic < Too Licentious	

Sunday Worship

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Christians required to keep the Jewish Sabbath

Sunday is the new Sabbath for Christians

Sabbath day requirements for Christians on Sunday

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Sunday Worship Too legalistic <-----> Too Licentious Christians required to keep the Jewish Sabbath in Christ Sunday is the new Sabbath Excuse: "Not into organized religion" Sabbath day requirements Not prioritizing Sunday for Christians on Sunday worship

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Balanced Christian View

Have convictions on the importance of Sunday Worship, and commitment to prioritize participation.

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"Come to Me, all of you who are weary and burdened, and I will give you rest. All of you, take up My yoke and learn from Me, because I am gentle and humble in heart, and you will find rest for yourselves. For My yoke is easy and My burden is light"

-Jesus' promise in Matthew 11:28-20.